

13 August 2026

Dear Valued EAPA-SA Member and Stakeholder

**SUBJECT: INVITATION TO ATTEND OUR 26th ANNIVERSARY EVENT:
EAPA-SA EDUWEEK 14-17 SEPTEMBER 2026**

I trust this letter finds you in good health.

On behalf of the Employee Assistance Professionals Association of South Africa (EAPA-SA), it is my privilege to extend an invitation to you, and your colleagues to join us at Eduweek 2026.

EAPA-SA is a leading organisation dedicated to promoting employee wellness and employee assistance programs (EAPs), fostering well-being in the workplace across South Africa. We are thrilled to announce that this year's Eduweek will be held at **Emperors Palace, Gauteng** from the 14th to the 17th of September 2026.

This year's theme, ***"The Kinship Code for Collective Wellness: Ubuntu for Collective Wellness"*** reflects both a return to foundational human values and a bold step forward in redefining workplace wellness. Rooted in the African philosophy of Ubuntu, I am because we are, it elevates shared humanity into a universal professional imperative, addressing the growing global challenge of isolation and workplace loneliness.

Ubuntu, as a guiding principle, reminds us that individual wellbeing cannot exist in isolation. The strength of any Employee Assistance Programme lies not only in the services it offers, but in its ability to foster belonging, build social capital, and cultivate psychological safety. These elements form the essential human "code" that enables resilience to be sustainable in an increasingly complex world.

As workplaces become more digital and high-tech, there is a risk that empathy, connection, and community are diminished. The Kinship Code challenges us to reimagine and intentionally design these human connections within modern organisational systems. It positions EAP professionals as custodians of the social fabric responsible for nurturing environments where employees feel seen, heard, and valued.

Eduweek 2026 will explore critical themes such as psychological safety across generations, the intersection of AI and human empathy, evolving workplace cultures, and leadership accountability. Through expert-led discussions and practical insights, we will examine how organisations can decode and strengthen the ways employees connect, communicate, and seek support.

This theme marks a significant milestone for EAPA-SA. One that honours the wisdom of our past while equipping us to engineer the connections of the future. In embracing Ubuntu in action, we reaffirm that collective wellness is not an abstract concept, but a deliberate and ongoing practice. Together, we will strengthen the bonds that sustain resilience, deepen belonging in the workplace, and ensure that Employee Assistance remains a cornerstone of thriving organisations in a rapidly changing world.

By attending, you and your colleagues will benefit from:

- Expert-led Training Sessions: Aligned with personal development plans and recent industry developments.
- CPD Points: Earn up to 16 continuous professional development points.
- Networking Opportunities: Engage with peers, industry leaders, and service providers.
- Latest Resources: Discover new trends and innovative practices in the EA industry.
- Strategic Governance Participation: Contribute to the Association's AGM and the strategic direction of Employee Wellness in South Africa.

We believe that your participation will significantly enrich the discussions and collective learning at Eduweek 2026. This is a unique opportunity to engage with industry experts and fellow professionals, sharing insights and best practices that are crucial in today's evolving workplace environment.

For registration and further information, please visit <https://www.eapasa.co.za/eduweek-2026/>

Should you have any questions or require additional information, please do not hesitate to contact us at eduweek@eapasa.co.za or call 021 447 0321.

Your support and participation would be greatly appreciated, and we look forward to welcoming you and your colleagues to Eduweek 2026.

Kind regards,



Ms. Radhi Vandayar
EAPA-SA President