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Ref: 00022/06/2023

Dear [Delegate],

**SUBJECT: INVITATION TO ATTEND OUR 26th ANNIVERSARY EVENT:
EAPA-SA EDUWEEK 18 - 21 SEPTEMBER 2023**

The Employee Assistance Professionals Association of South Africa (herein referred to as EAPA-SA) is a professional body founded under Section 21 of the Companies Act, (Act 61 of 1973) since 1997. It is a non-profit organisation which strives to represent the interests of those involved in the field of Employee Assistance Programmes (EAP) and wellness. Furthermore, EAPA-SA is an accredited professional body with the South African Qualification Authority (SAQA) and is an affiliate of EAPA International.

We started 2022 on an already exhausted and bruised note. Last year was a mad scramble as the world reopened after setbacks caused by Covid and its safety protocols. EAP Practitioners, and organisations within the EAP industry, joined client organisations, HR departments, allied specialists and the world in making up time and trying to catch up on other losses.

While organisations engaged in the catch-up frenzy, Employee Wellness practitioners tried to support leaders, teams, employees and their families through increasing mental and physical health burdens, despite themselves experiencing high levels of burnout and compassion fatigue.

In 2023, it's time to breathe, pause and reflect on what we have to rebuild within our lives and the economy. Some of those in EAP have already had the opportunity to slow down a little. EAPA-SA believes that going forward, the mad scramble can give way to exploring and implementing lessons learned and so pave the way to a New Generation Workplace. Mad catch-up can give way to quality control. We can pause to take stock of where we are now, because we have adjusted somewhat to the disruption and a new reality. We can create a new vision ... a new path going forward.

Ensuring excellence in Employee Assistance Programmes

Executive Committee: Ms. Thiloshni Govender, Ms. Radhi Vandayar & Mr. Mziwandile Joel Gumede.



EAPA-SA ANNUAL EDUWEEK

18 - 21 SEPTEMBER 2023, WILD COAST SUN



EDUWEEK 2023 ENDEAVOURS TO

- provide up to date information and thinking
- offer a platform that fosters interactive communication around industry-related topics
- promote opportunities for networking and collaboration
- prepare EA professionals for working within a new and ever-changing world of work
- demonstrate EA roles
- unpack EA service provider classifications and the Service Provider Guide
- display new technologies
- provide a direct and measurable link between EAP programmes and the enhancement of overall organisational culture, employee wellness and wellbeing.

DELEGATE PACKAGES ON OFFER:

- **4 Day Package - R11,999.00**
 - 4 x days Eduweek attendance (Monday – Thursday)
 - Masterclass Workshops & Plenary sessions
 - 20 CPD Points for all 4 day sessions attended (MUST ATTEND ALL SESSIONS)
 - Average 4-5 CPD Points per day
 - Tea breaks & lunches
 - 1 ticket to the Tuesday Networking Evening
 - 1 ticket to the Thursday Presidential Awards Dinner
- **3 Day Package - R11,250.00**
 - 3 x days Eduweek attendance (Tuesday – Thursday)
 - CPD Points for all sessions attended (average of 4-5 points per day)
 - Tea breaks & lunches
 - 1 ticket to the Tuesday Networking Evening
 - 1 ticket to the Thursday Presidential Awards Dinner
- **1 Day Package - R3,700.00**
 - Monday, Tuesday, Wednesday or Thursday
 - You can select to attend only one or two days during the programme (excludes dinners). Includes:
 - One day time Eduweek attendance on the selected day only
 - Average of 4-5 CPD Points for all sessions attended
 - Tea breaks and lunch



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The benefits for EAP Practitioners of attending and participating in the EAPA-SA Eduweek 2023 can be summarized as follows:

- The EAPA-SA Eduweek provides a platform to **learn from experts in the field** as well as keeping abreast with the **latest developments in the field**.
- To receive training aligned to the identified skills as reflected in the employee's personal development plan for 2023/24.
- For **Employee Wellness**, this is the **only association that exists in SA** for professionals to be trained on recent developments.
- To obtain the **continuous professional development (CPD) points** which are required by the relevant professional statutory body as a **mandatory requirement**.
- Eduweek brings together professionals, service providers and industry experts, **showcasing the latest resources in the EA industry** as well as providing **opportunities to network** with peers and industry leaders.
- The Association Annual General Meeting (AGM) takes place during Eduweek, thereby allowing members to **actively contribute to governance and the strategic direction of Employee Wellness in South Africa**.
- The programme content of Eduweek is quality assured by topmost EAP specialists in South Africa to ensure optimal learning.



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The speakers will present on topics that will:

1. **Challenge existing thinking**, while continuing to provide proven strategies to develop and enhance an EA professional's knowledge and understanding of the uniqueness of each workplace, in order to better serve both client companies and employees
2. **Contribute to solutions and alternatives** with respect to up-to-date and innovative interventions, assessments, and referrals as these pertain to employee/family identification, addictions and behavioural health in the workplace, with application to workplace issues resulting from:
 - Trauma
 - Substance abuse
 - Behavioural addictions
 - Mental health problems
 - Disability management
 - Resenteeism
3. **Demonstrate opportunities for collaboration** with client organisations (which includes human resources, existing union bargaining units, occupational medicine, and/or organisational consultants);
4. **Prepare EA professionals** for working with all variations of diverse employee populations - including the ageing employee, disability inclusion and LGBTQIA+- which requires cultural competence and expanded knowledge, skills and recognition of an ever-evolving and diverse workplace; and where the EA role encompasses working with the individual, as well in providing education and support for the manager and co-workers.
5. **Demonstrate EA role and EA service delivery** in responding to, steering, and leading opportunities to advance workplace culture through EA knowledge and experience with diverse / special constituencies in the workplace, through disruptive event preparedness, and through an understanding of workplace, regulatory, and social norms.
6. **Introduce and demonstrate technology** that has enhanced EA impact on the workplace. Outcome measures need to be provided.
7. **Provide a direct and measurable link** to enhancing overall employee wellness and well-being, and organisational culture.



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On behalf of the Eduweek Organising Committee, I am honoured to announce that the 26th EAPA-SA Annual Eduweek, with the theme: **NEW GENERATION WORKPLACE** will be held at Wild Coast Sun, Port Edward, from the 18th to the 21st of September 2023.

The Association hereby kindly extends an invitation to all personnel in EAP, EHW, HR and other related disciplines, to join us as we navigate this challenging landscape. We are looking forward to engaging further and will be greatly honoured with your participation in the 26th EAPA-SA Annual Eduweek on the 18th - 21st September 2023 at Wild Coast Sun.

Kindly visit <https://www.eapasa.co.za/eduweek-2023/> for registration and further information regarding Eduweek.

Enquiries can be directed to:
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Your support will be greatly appreciated,

Ms. Thiloshni Govender
EAPA-SA President
22 June 2023