

# EGOLI CHAPTER PROGRAMME FOR 22 NOVEMBER 2018

09:00 - 09:30 Arrival & member registration

09:30 – 09:45 Welcome & Opening of Event – André Cloete (Chapter Chairperson)

09:45 – 09:50 Event Programme – Poppie Baloyi (Chapter Vice-Chairperson)

09:50 – 10:00 Safety & Emergency Procedures – Priscilla Everson (Governance Portfolio)

10:00 – 10:15 Message of Hope – André Cloete (Chapter Chairperson)

10:15 – 11:15 Mindfulness Activity (Norwyn Kam)

11:15 – 11:45 Mindfulness 'Walk in the Park' (All delegates)

11:45 – 12:45 Picnic and Networking

12:45 – 13:00 Closing Remarks

\* Delegates will all receive a free massage

## EAPA EGOLI CHAPTER STEERING COMMITTEE

NAME & SURNAME	PORTFOLIO	CONTACT #	E-MAIL ADDRESS
<b>André Cloete</b>	Chapter Chairperson	0824125159	<a href="mailto:andrec@lifeassist.co.za">andrec@lifeassist.co.za</a>
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